

# Workshop Schedule

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The Zoom links will be available the morning of the Symposium

**NOTICE:** You must use the same Zoom account each session in order for your attendance to be tracked for CEU credit. **Your Zoom account Name and Email Address must match the details you provided during registration.**

Questions? Concerns? Please reach out to us at [mdh.suicideprevention@maryland.gov](mailto:mdh.suicideprevention@maryland.gov)

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**Opening Remarks & Keynote**

9:00 - 11:00 AM

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**Session 1 - Choose One**

11:15 - 12:15 PM

**A** *Resolving the Effects of Racial Oppression on Approaches to Mental Health*

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**B** *Save the Indian, Save the Man: A Social Justice Perspective on Suicide Prevention*

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**C** *Getting Comfortable with the Uncomfortable: Race in the Therapy Room for White People*

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**D** *Straddling the Line: The Struggle of Being Multiracial in America*

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**Plenary: The Fierce Urgency of Now Panel**

1:00 - 2:15 PM

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## Session 2 - Choose One

2:15 - 3:15 PM

**A** *Racial Trauma, Policing and Black Mental Health*

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**B** *Do You Really See Me: Understanding Trauma in African American Women*

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**C** *Do No Harm: The Imperative for "Racing ACEs" and Linking Embodied Individual and Systemic Healing of Racial Trauma*

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**D** *Racism, Discrimination, and its Impact on the Mental Health of Minority Individuals*

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**E** *Systemic Racism in Mental Health Disciplines: Coming to Terms with the Past and Present to Create an Anti-Racist Future*

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## Session 3 - Choose One

3:30 - 4:30 PM

**A** *Cultural Humility as a Tool for Serving Diverse Communities*

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**B** *The Impact of the US Criminal Justice System on the Mental Health of Black Americans*

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**C** *Black Futures Matter: An In-depth Look Into Black Youth Suicide*

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**D** *Broken Statues and Broken Treaties: Repairing Indigenous Identities during Times of Trauma*

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## Closing Remarks & Adjournment

4:30 - 4:45 PM